



## Midlothian Active School - Easter Programme

Book Now: 0131 561 6523

Week / Venue		Age Groups	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b> 03/04/18 - 06/04/18	<b>The Lasswade Centre</b>	<b>P1-P3</b> 9am – 10am	 Easter Monday NO ACTIVITY	 Hockey Eskvale Hockey Club	 Dance KIC Dance	<b>INFIN 8 JUDO</b> Judo Infin8 Judo	 Cycle Skills <b>i-bike Officers</b> (Own Bike & helmet required)
		<b>P1-P3</b> 10am – 11am					
		<b>P4-P7</b> 11am – 12noon					
<b>Week 2</b> 09/04/18 - 13/04/18	<b>The Lasswade Centre</b>	<b>P1-P3</b> 9am – 10am	 Taekwondo <b>Elite Taekwondo</b>	 Water Polo <b>Active Schools</b> (Armbands required for non-swimmers)	 Netball Midlothian Netball	<b>INFIN 8 JUDO</b> Judo Infin8 Judo	 Cycle Skills <b>i-bike Officers</b> (Own Bike & helmet required)
		<b>P1-P3</b> 10am – 11am					
		<b>P4-P7</b> 11am – 12noon					
<b>Single Session Cost (per session) (*Concessions)</b>			<b>£3.50 / £2.50*</b>	<b>£3.50 / £2.50*</b>	<b>£3.50 / £2.50*</b>	<b>£3.50 / £2.50*</b>	<b>£3.50 / £2.50*</b>
<b>Week 1: THE FULL WEEK £12.00 (per week) / *Concession £9.00 (4 days)</b>				<b>Week 2: FULL WEEK £15.00 (per week) / * Concession £12.00 (5 days)</b>			

### How to book and what to do next:

1. Please leave a message with your child's full name, school, and activity to attend, and contact number. Message bookings will be confirmed with a return phone call or text message. Book Now: 0131 561 6523.
2. Payment should be brought to your first session (correct change if possible).
3. Please arrive 15min. prior to your 1<sup>st</sup> session to complete child's registration form.

**\*Concession:** Child that is receipt of free school meals, this does not include the government funded free school meals.

### Free Gym\* or Swim for Parents & Carer:

Enjoy **one** free gym or swim session per Active Schools activity booking, to be used on the same day as booking.

\*For all gym sessions Tone Zone Induction must be completed, unless already registered with Tone Zone. Advanced bookings required. (Call on: 0131 271 4533)

Remember to collect your Midlothian Active Schools  
Commonwealth Passport Points



[www.eskvalehockeyclub.org](http://www.eskvalehockeyclub.org)

**Main Training Days:**

**Dalkeith HS** Tuesdays 6.30-8.30pm (Seniors)

**Penicuik YMCA** Monday 5pm-6pm (Juniors)

**Dalkeith Campus** Tuesdays 5pm – 6pm (Juniors)

**Lasswade Centre** Thursday 5pm – 6pm (Jnr)

**Age Group:**  
5 years – 13 years  
Seniors 12 +

**Club Info:** Eskvale is Midlothian's only hockey club. Whether you're interested in starting to play, coaching, umpiring or returning to hockey, please contact us or come along to training. We are a friendly club, you will be made very welcome.



[sharon@kicdance.co.uk](mailto:sharon@kicdance.co.uk)  
[www.kicdance.co.uk](http://www.kicdance.co.uk)

**Main Training Days:**

**Lasswade HS** Wednesday, Friday, Saturday, Sunday,

**Penicuik LC** Thursday, Friday, Monday

**Age Group:** Classes for all ages.

**Club Info:** KIC Dance company aims to inspire and engage people of all ages and abilities in dance. We provide a range of classes, dance development projects and one-off workshops to the local and wider community in Edinburgh and the Lothian's. Our ethos is, "enjoy dance for what it is"



[info@infin8judo.com](mailto:info@infin8judo.com)

**Main Training Days:**

**Lasswade Pavilion** Wednesday (Youth / seniors only), Thursday  
**Penicuik High School** (juniors), Friday  
**Loanhead Centre** (juniors), Saturday  
**Lasswade Pavilion** (All abilities)

**Age Group:** Juniors 5-9 years, Juniors 10-14 years, youth and senior 14 years+

**Club Info:** Full class details and further information can be found online at [www.infin8judo.com](http://www.infin8judo.com).



[www.sustrans.org.uk](http://www.sustrans.org.uk)  
[Gordon.Burt@midlothian.gov.uk](mailto:Gordon.Burt@midlothian.gov.uk)  
[Roslynn.Newman@sustrans.org.uk](mailto:Roslynn.Newman@sustrans.org.uk)

**Information:** I Bike is an innovative schools project promoting cycling, walking and scooting. I Bike empowers children, parents and teachers to travel actively, safely and confidently to school - encouraging exercise and reducing traffic congestion. This culture of active travel in schools results in safer, happier and healthier communities.

**Activities include:** cycle and scooter training, led rides, learn to ride sessions, bike breakfasts, dress up your bike/scooter and road safety awareness.



[www.elitetkd.uk](http://www.elitetkd.uk)  
07590283735

**Main Training Days:**

**Lasswade LC** Sun, Tue, Dalkeith campus Tue, Wed,  
**Danderhall LC** Sat  
**Loanhead primary** Mon  
**Newtongrange PS** Wed  
**Roslin community centre** - Thurs

**Age Group:** 3-5yrs  
ninja's, kids 5+, youths 10+, Adults

**Club Info:** We provide a very high standard of teaching and give students a wide range of attributes, teaching students discipline, structure, confidence, awareness, physical fitness co-ordination.



[@netballmid](https://www.instagram.com/netballmid)  
01316632219

**Main Training Days:**

**Mayfield Leisure Centre**

Sunday 10am – 11:30am

**Age Group:** P4-S1

**Club Info:** Netball is an exciting, fast and skilful game. It is a game in which two teams of seven players. While Netball developed first as a game predominantly played by women and girls, it is now played by boys and girls, women and men.